



## Light Jig

### Notes:

- (1) Except for the Lead around, each sequence is danced on both the right foot and left foot. Only the right foot steps are provided here. The left foot is the mirror image beginning with the left foot in front.
- (2) The Light Jig contains various "hops" which are not explicitly indicated here except for cases where it is more important. Students will learn to add these in class once the steps are known.
- (3) Legend:
  - R – Right foot
  - L – Left foot
  - F – Front
  - B – Behind
  - Example RB = Right, Behind

### Lead around (8 "1-2-3's" danced in a circle)

Right(RF)-2(LB)-3(RF), Left(LF)-2(RB)-3(LF), Right(RF)-2(LB)-3(RF), Left(LF)-2(RB)-3(LF)  
Right(RF)-2(LB)-3(RF), Left(LF)-2(RB)-3(LF), Right(RF)-2(LB)-3(RF), Left(LF)-2(RB)-3(LF)  
(This is danced in a counter-clockwise circle)

### Side step

Front(R)-Back(L)-Back(R)-2(LF)-3(RB)-4(LF)  
Front(R)-Back(L)-Back(R)-2(LF)-3(RB)-4(LF)  
Front(R)-Back(L)-Back(R)-2(LF)-3(RB)-4(LF)  
Rise(RF)-Hop(L)-Back(R)-Hop(R)-Back(L)-2(RF)-3(LB)-4(RF)

### 1<sup>st</sup> Step (3 touch lifts)

Touch(RF)-Lift(RF)-Back(R)-2(LF)-3(RB)-4(LF)  
Touch(RF)-Lift(RF)-Back(R)-2(LF)-3(RB)-4(LF)  
Touch(RF)-Lift(RF)-Back(R)-2(LF)-3(RB)-4(LF)  
Rise(RF)-Hop(L)-Back(R)-Hop(R)-Back(L)-2(RF)-3(LB)-4(RF)

### 2<sup>nd</sup> Step (heel heel step step)

Touch(RF)-Lift(RF)-Back(R)-2(LF)-3(RB)-4(LF)  
Touch(RF)-Lift(RF)-Back(R)-2(LF)-3(RB)-4(LF)  
Heel(R)-Heel(L)-Step(R)-Step(L)  
Heel(R)-Heel(L)-Step(R)-Step(L)  
Rise(RF)-Hop(L)-Back(R)-Hop(R)-Back(L)-2(RF)-3(LB)-4(RF)

### 3rd Step (North South East West)

Touch(RF)-Lift(RF)-Back(R)-2(LF)-3(RB)-4(LF)  
Touch(RF)-Lift(RF)-Back(R)-2(LF)-3(RB)-4(LF)  
North (jump slightly forward feet side by side)  
South (jump slightly backward feet side by side)  
East (jump placing feet slight apart)  
West (jump placing either right in front – left in front when doing left foot of step)  
Rise(RF)-Hop(L)-Back(R)-Hop(R)-Back(L)-2(RF)-3(LB)-4(RF)

### 4<sup>th</sup> Step (Skip step)

Touch(RF)-Lift(RF)-Back(R)-2(LF)-3(RB)-4(LF)  
Skip(RF)-Skip(LF)-Skip(RF)-2(LB)-3(RF)-4(LB)  
Hop(LB)-Toe(RF)-Hop(LB)-Heel(RF)  
Hop(LB)-Toe(RF)-Hop(LB)-Heel(RF)  
Rise(RF)-Hop(L)-Back(R)-Hop(R)-Back(L)-2(RF)-3(LB)-4(RF)

### Finishing Step

Touch(RF)-Lift(RF)-Back(R)-2(LF)-3(RB)-4(LF)  
Heel(RF)-Down(LB)  
Back(R)-2(LF)-3(RB)-4(LF)  
Rise(RF)-Hop(L)-Back(R)  
Rise(LF)-Hop(R)-Back(L)  
Rise(RF)-Hop(L)-Back(R)-Hop(R)-Back(L)-2(RF)-3(LB)-4(RF)



## **Beginner and Novice Reel**

### **Notes:**

- (1) Except for the Lead around, each sequence is danced on both the right foot and left foot. Only the right foot steps are provided here. The left foot is the mirror image beginning with the left foot in front.
- (2) Legend:
  - R – Right foot
  - L – Left foot
  - F – Front
  - B – Behind
  - Example RB = Right, Behind

### **Lead around**

In-Front(R), In-Front(L), Behind(R)\*, In-Front(L), In-Front(R), Behind(L),  
In-Front(R), In-Front(L), Behind(R), In-Front(L), In-Front(R), Behind(L),  
In-Front(R), In-Front(L), Behind(R), In-Front(L), In-Front(R), Behind(L),  
In-Front(R), In-Front(L), Behind(R), In-Front(L), In-Front(R), Behind(L)  
(This is danced in a counter-clockwise circle)

\* *In-Front(R), In-Front(L), Behind(R) eventually goes by the term "Jump-2-3"*

### **1st step (Point and Point)**

Hop(LB) Point(RF), Hop(LB) Point(RF), Jump(RF),2(LF),3(RB)  
Hop(RB) Point(LF), Hop(RB) Point(LF), Jump(LF),2(RF),3(LB)  
Hop(LB),2(RF),3(LB)  
Hop(LB),2(RF),3(LB),4(RF),5(LB),6(RF),7(LB) [*moving slightly to the right*]  
Jump(RF),2(LF),3(RB)

### **2nd step (Toe and Heel)**

Hop(LB) Toe(RF) Hop(LB) Heel(RF), Jump(RF),2(LF),3(RB)  
Jump(LF),2(RF),3(LB),4(RF),5(LB),6(RF),7(LB) [*moving slightly to the right*]  
Hop(R up in front), Hop(R up in front)-Heel(RF), Down(LB)  
Jump(RF),2(LF),3(RB),4(LF),5(RB),6(LF),7(RB) [*moving slightly back to the left*]

### **3rd step (Jump Up)**

Jump(RF-LB)\*, Hop(LB), Jump(RF),2(LF),3(RB)  
Jump(LF-RB)\*, Hop(RB), Jump(LF),2(RF),3(LB)  
Jump(RF),2(LF),3(RB),4(LF),5(RB),6(LF),7(RB) [*moving slightly to the left*]  
Step(LF - with right up behind),1(RB),2(LF),3(RB)  
Scissor(legs straight bringing right to front), Point(RF),Hop(LB),Back(RB)

\**These jumps have both feet land simultaneously, crossed one in front of the other*

### **4th step (Up, Up, Jump, Jump)**

Hop(LB),Hop(LB),Jump(RF),Jump(LF)  
Hop(LB),Step(RF),Step(LB),Heel(RF),Step(LB),Step(RF),Step(LB),Heel(RF), Step(LB)  
(dancer has turned to face back by now)  
Hop(LB), Jump(RF),2(LF),3(RB),4(LF - with right up behind)  
Kick/Switch (left replaces right up behind while dancer turns to face front again)  
Down(LB), Jump(RF),2(LF),3(RB)

### **5th step (Point hop back)**

Point(RF),Hop(LF),Back(RB),and(LF),Brush(RF),Up(RF crossed over while left hops),Down(RF)  
Hop(RB-bringing left in front in the air) 1(LF)-2(RB), 1(LB)-2(RF), 1(LF)-2(RB)  
Scissor(Bringing right to the front),Point(RF), 1(RF)-2(LB),Scissor(Bringing left to the front),Toe(LF),And(RB),Heel(LF)  
(LB)And(as dancer turns to the right right leg straight out toward the back) 1(RF)-2(LF)-3(RB)\*  
Scissor(Bringing right to the front),Point(RF),Hop(LB),Back(RB)

\**Dancer turns back to the front during this 1-2-3*



## **Slip Jig**

### **Notes:**

- (1) Except for the Lead around, each sequence is danced on both the right foot and left foot. Only the right foot steps are provided here. The left foot is the mirror image beginning with the left foot in front.
- (2) Legend:
  - R – Right foot
  - L – Left foot
  - F – Front
  - B – BehindExample RB = Right, Behind

### **Lead around**

Jump(RF), Jump(LF)-2(RF)-3(LB), Jump(RF)-2(LF)-3(RB)-4(LF)-5(RB)  
Jump(LF), Jump(RF)-2(LF)-3(RB), Jump(LF)-2(RF)-3(LB)-4(RF)-5(LB)  
Jump(RF), Jump(LF)-2(RF)-3(LB), Jump(RF)-2(LF)-3(RB)-4(LF)-5(RB)  
Jump(LF), Jump(RF)-2(LF)-3(RB), Jump(LF)-2(RF)-3(LB)-4(RF)-5(LB)  
(This is danced in a counter-clockwise circle)

### **1<sup>st</sup> Step (Up-2-3-4-5)**

Hop(LB, Right up in front)-2(RF)-3(LB)-4(RF)-5(LB) – moving slightly to the right  
Jump(RF)-2(LF)-3(RB)-4(LF)-5(RB) – moving back to the left  
Switch(Scissor straight legs bringing right to the front) point(RF)  
Switch(Scissor straight legs bringing left to the front) point(LF)  
Hop(RB), Back(LB), Hop(LB, right up in front), Jump(RF)-2(LF)-3(RB)  
Skip(RB), Down(LF), skip(LB), down(RF), hop(RB), Up(LF, Left up in front)  
Down(LF), Cut(LF Crossed over)-2(LF)-3(RB)  
Hop(RB), back(LB), hop(RB), back(LB)-2(LF)-3(RB)  
Hop(RB), back(LB), hop(RB), back(LB)-2(LF)-3(RB)

### **2<sup>nd</sup> Step (Down-Cut-2-3)**

Down(RF), Cut(RF Crossed over)-2(RF)-3(LB)  
Jump(RF)-2(LF)-3(RB)-4(LF)-5(RB) – turning full circle counter-clockwise, left remains in front  
Jump(LF)-2(RF)-3(LB)-4(RF)-5(LB) – moving slightly to the right  
Hop(LB, right up in front), Jump(RF)-2(LF)-3(RB)  
Hop(RB, left up in front)-hop(RB, left up in back)-back(LB)-2(RF)-3(LB)  
Hop(LB)-back(RB)-2(LF)-3(RB)-4(LF)-5(RB)  
Switch(Scissor straight legs bringing right to the front) point(RF)  
Switch(Scissor straight legs bringing left to the front) point(LF)  
Switch(Scissor straight legs bringing right to the front) point(RF)  
Hop(LB, right up in front), Jump(RF)-2(LF)-3(RB)

### **3<sup>rd</sup> Step (Sissor Down)**

Down(RF), Cut(RF Crossed over)-2(RF)-3(LB)  
Sissor(straight legs changing places), Down(LF with weight), Hop(LF), 2(RF), 3(LB)  
Sissor(straight legs changing places), Down(LF with weight), Hop(LF), 2(RF), 3(LB)  
Twist(RF – crossed feet, pivoting on both toes to pigeon toed position), In(RF, resolve back to turned out position)  
Sissor(straight legs changing places), Point(LF), Hop(RB), Back(LB)  
Hop(LB), Back(RB), Hop(RB), Back(LB), Hop(LB), Back(RB), 2(LF), 3(RB), 4(LF) {slight pause}  
Hop(LB), 2(RF), 3(LB)  
Sissor(straight legs changing places), Down(LF), Cut(LF Crossed over)-2(LF)-3(RB)  
Sissor(straight legs changing places), Point(RF), Point(RF – slightly to the left), Point(RF – back to the right)  
Hop(LB), Back(RB)



## Traditional Hornpipe

### Notes:

(1) Legend:

R – Right foot

L – Left foot

F – Front

B – Behind

Example RB = Right, Behind

### 1<sup>st</sup> Step (“3 heels”)

Tip-down(RF), tip-down(LF), Treble(RF), Hop(LB) Back(RB)

Tip-down(LF), tip-down(RF), Treble(LF), Hop(RB) Back(LB)

Tip-down(RF), tip-down(LF), Treble(RF), Hop(LB) Back(RB)

Heel(LF), Hop(RB), Back(LB)

Heel(RF), Hop(LB), Back(RB)

Heel(LF), Hop(RB), Back(LB)

Treble(RF) Hop(LB) Back(RB)

Tip-down(LF), tip-down(RF), Treble(LF), Hop(RB) Back(LB)

Tip-down(RF), tip-down(LF), Treble(RF), Hop(LB) Back(RB)

Step(LB), Treble(RF), Hop(LB – while R cuts across in front), Treble(RF), Hop(LB), Back(RB)

### 2<sup>nd</sup> Step (“Toe-Toe Step”)

Tip-down(RF), tip-down(LF), Treble(RF), Hop(LB) Back(RB)

Tip-down(LF), tip-down(RF), Treble(LF), Hop(RB) Back(LB)

Back(RB), 2(LF), 3(RB), Treble(LF) Hop(RB) Back(LB)

Back(RB), 2(LF), 3(RB), Treble(LF) Hop(RB) Back(LB)

Tip-down(RF), tip-down(LF), Treble(RF), Hop(LB), Toe(RB), Toe(RB)

Step(RB), Treble(LF), Hop(RB), Toe(LB), Toe(LB)

Step(LB), Treble(RF), Hop(LB), Back(RB)

Step(LB), Treble(RF), Hop(LB – while R cuts across in front), Treble(RF), Hop(LB), Back(RB)

### 3<sup>rd</sup> Step (“Jump-2-3”)

Tip-down(RF), tip-down(LF), Treble(RF), Hop(LB) Back(RB)

Step(LB), Treble(RF), Hop(LB – while R cuts across in front), Treble(RF), Hop(LB), Back(RB)

Step(LB), Treble(RF), Hop(LB – while R cuts across in front), Treble(RF), Hop(LB), Back(RB)

2(LF), 3(RB), tip-down(LF), Treble(RF), Hop(LB) Back(RB)

Treble(LF), Hop(RB) Back(LB), 2(RF), 3(LB)

Jump(RF), 2(LF), 3(RB)

Step(LB), Treble(RF), Hop(LB), Back(RB)

Treble(LF), Hop(RB), Back(LB)

Treble(RF), Hop(LB), Back(RB)

Step(LB), Treble(RF), Hop(LB – while R cuts across in front), Treble(RF), Hop(LB), Back(RB)

### 4<sup>th</sup> Step (“Bang Step”)

Tip-down(RF), tip-down(LF), Treble(RF), Hop(LB) Back(RB)

Step(LB), Treble(RF), Hop(LB – while R cuts across in front), Treble(RF), Hop(LB), Back(RB)

Tip-down(LF), tip-down(RF), Treble(LF), Hop(RB) Back(LB)

Step(RB), Treble(LF), Hop(RB – while L cuts across in front), Treble(LF), Hop(RB), Back(LB)

Tip-down(RF), tip-down(LF), Treble(RF), 1(RF), 2(LB), Bang(RF)

Brush(L moving forward), 2(L moving back crossed over on right side)

3(L moving forward, 4(L moving back on left side)

Step(LB), Treble(RF), Hop(LB), Back(RB)

Step(LB), Treble(RF), Hop(LB – while R cuts across in front), Treble(RF), Hop(LB), Back(RB)



## Novice Treble Jig

### Notes:

(1) Legend:

R – Right foot

L – Left foot

F – Front

B – Behind

Example RB = Right, Behind

### 1<sup>st</sup> Step (“Heel Walk”)

Treble(RF), Hop(LB), Treble(RF), Hop(LB), Back(RB)

Treble(LF), Hop(RB), Treble(LF), Hop(RB), Back(LB)

*(the next move is a walking forward from heel to toe)*

Heel(RF), Walk(RF)

Heel(LF), Walk(LF)

Heel(RF), Walk(RF)

Toe(LB), Hop(RF)

Step(LB), Treble(RF), Hop(LB), Back(RB)

Treble(LF), Jump(LF), 2(RF), 3(LB), 4(RF)

Toe(LB), Hop(RF)

Step(LB), Treble(RF), Hop(LB)

Step(RB), Treble(LF), Hop(RB)

Step(LB), Treble(RF), Down(RF)

Step(LB), Treble(RF), Down(RF)

Step(LB), Treble(RF), Hop(LB), Back(RB)

### 2<sup>nd</sup> Step (“Toe-toe-toe”)

Treble(RF), Hop(LB), Treble(RF), Hop(LB), Back(RB)

Hop(RF-left up behind), Step(LB), Treble(RF), Hop(LB), Back(RB)

Hop(RF-left up behind), Step(LB), Treble(RF), Hop(LB)

Step(RB), Treble(LF), Hop(RB)

Step(LB), Treble(RF), Hop(LB), Toe(RB-crossed over)

Hop(LF-right up behind), 1(RF)-2(LB)-3(RF), 1(LF)-2(RB)-3(LF), 1(RF)-2(LB)-3(RF), Toe(LB)-toe(LB)-toe(LB)

Step(LB), Treble(RF), Hop(LB)

Step(RB), Treble(LF), Hop(RB)

Step(LB), Treble(RF), Hop(LB), Back(RB)

### 3<sup>rd</sup> Step (“Bang-bang”)

Treble(RF), Hop(LB), Treble(RF), Hop(LB), Back(RB)

Step(LF), Step(RB), Treble(LF), Hop(RB), Back(LB)

Brush(RF-push straight forward), Hop(LB), Down(RF)

Toe(LB), Hop(RF-left up behind), Step(LB), Treble(RF), Hop(LB), Step(RB), Treble(LF), Hop(RB)

Back(LB) 2(RF)-3(LB)-4(RF) – *(turning ¼ turn to the right)*

Click(Hitting heels underneath, left going down while right is coming up, finish turning to the front)

Step(LF), Down(RB) – *slight pause*

Bang(LF-right up behind), Bang(RF – left up behind), Toe(LB), Hop(RF-left up behind)

Step(LB), Treble(RF), Hop(LB), Back(RB)

Heel(LF-taking weight), Heel(RF – taking weight), Down(LB)

Treble(RF), Hop(LB), Treble(RF), Hop(LB), Back(RB)



## **St. Patrick's Day Traditional Set Dance**

### **Step of St. Patrick's Day Set Dance**

Treble-down(RF), Treble -down(LF), Treble-down(RF), Treble-down(LF)  
Treble(RF), Hop(LB), Treble(RF), Hop(LB), Back(RB)  
Tip(LF), Hop(RB), Down(LF)  
Tip(RF), Hop(LB), Down(RF)  
Tip(LF), Hop(RB), Down(LF)  
Toe(RB), Hop(LF), Down(RB)  
Step(LF), Brush(R moving from back to front), Hop(LB), Heel(RF), Step(LB)  
Treble(RF), Hop(LB), Treble(RF), Hop(LB), Back(RB)  
Hop(RB), Back(LB), 2(RF), 3(LB), 4(RF)\*

### **Set of St. Patrick's Day Set Dance**

Hop(LB – right crossed over in front), Hop(LF – right up behind), Back(RB)  
Tip(LF) 1(LF)-2(RB), Tip(LF) 1(LF)-2(RB)  
And(LF), Brush(RF), And(LB), Heel(RF), Down(LB)  
Tip(RF) 1(RF)-2(LB), Tip(RF) 1(RF)-2(LB)  
Jump(RF), Down(LF), Toe(RB), Hop(LF – right up behind), Back(RB)  
And(LF), Brush(RF), And(LB), Heel(RF), Down(LB)  
Treble(RF), Hop(LB), Treble(RF), Hop(LB), Back(RB)  
And(LF), Brush(RF), And(LB), Heel(RF), Down(LB)  
Tip(RF) 1(RF)-2(LB), Tip(RF) 1(RF)-2(LB)  
Jump(RF), Down(LF), Toe(RB), Hop(LF – right up behind), Back(RB)  
Hop(RF – left up behind), Rock(RF-rock to the right), 2(RF-rock to the left), 3(RF-rock to the right)  
Treble-down(RF), Treble-down(LF)  
Treble(RF), Hop(LB), Treble(RF), Hop(LB), Back(RB)  
Hop(RB), Back(LB), 2(RF), 3(LB), 4(RF)\*

*\* The right foot of this step and set completes with the weight on the right foot in front and the left foot is up behind. The dance then needs to bring the left foot forward to begin the left foot.*